



Centering Prayer Weekend Retreat  
With Fr. Bill Sheehan OMI

**Calm Heart, Clear Mind**

January 6-8, 2012

Friday 5:00pm check-in (dinner at 6:00) through Sunday 11:00am

**Our Lady of Florida Spiritual Center**

1300 US Hwy One

North Palm Beach, FL 33408

**Cost: \$235.00**

Calm Heart, Clear Mind will guide us to deepen our inner realization of God's call for trust and faith. The focus will be on resting in God's embracing love amidst our life journey. Centering prayer opens, loosening our resistance and attachments, while helping us to grow in compassion and acceptance. Fr. Bill will use Scripture and theology, as well as the fundamentals of human development and psychology to explore the power of living in the present moment. Come and join us for this time of prayer as we begin another New Year.

Fr. Bill Sheehan is an experienced & beloved retreat director. He has been involved with Contemplative Outreach since 1983 and continues to serve the Centering Prayer communities. He has a rich background as a Pastor, Director of Ministry to Priests, Novice Director, Director of Formation, Provincial, and Director of Oblate House of Theology.

Please send in Registration Form below with a \$55.00 non-refundable deposit to reserve your room. Next payment of \$90.00 is due November 11<sup>th</sup> and final payment of \$90.00 is due December 9<sup>th</sup>.

Make checks payable to:

**Contemplative Outreach of Central Florida**

134 Wisteria Drive, Longwood, FL 32779-4937

For more information, please call Basha Perez at 407-869-0781

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**Registration:      Calm Heart, Clear Mind Retreat    January 6-8, 2012**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

Cell \_\_\_\_\_

City/St/Zip \_\_\_\_\_

Email \_\_\_\_\_